

## **Wisdom Not Worry**

***Monday, June 8***

***Luke 11:1-4***

**“Lord, teach us to pray...”**

How am I supposed to pray? How should I pray when I've been kept from my kids and grandkids for over three months? How should I pray when life seems to be inching toward some sort of normalcy only to hear whispers of another possible wave of the coronavirus in the Fall? How should I pray when I want to gather for worship my church but my conflicted heart just can't bring itself to yield to what I'm convinced are unnecessary and unconstitutional government regulations? How am I supposed to pray for people whose outspoken opinions are offensive, even hurtful to me? How do I pray when people I love and respect don't share the passionate views as I do? How should I pray when every news headline makes the motto inked onto our currency - "In God We Trust" - nothing short of laughable? How do I pray when the radiation has made me feel more miserable than the cancer, the marriage I'm in is nothing but work, the summer job I was counting on to pay for tuition has fallen through, the kids I raised don't bother to call and the prayers I have been praying seem to fall on deaf ears,. Dear God, how do I pray?! This is an excellent question. But it's not the first time someone has asked it.

“One day Jesus was praying in a certain place. When he finished, one of his disciples said to him, ‘Lord, teach us to pray’” (Luke 11:1). What follows is what we know as The Lord's Prayer. Over the next days, I invite you join me and the disciples as Jesus teaches us how to pray – “He said to them, ‘When you pray, say: ‘Father, hallowed be your name, your kingdom come. Give us each day our daily bread. Forgive us our sins, as we forgive everyone who sins against us. And lead us not into temptation’” (Luke 11:2-4). Then as now, this is how we should pray.

Grateful,  
Pastor Ben