

**Wisdom Not Worry**  
**Monday, June 29, 2020**

**“Amen”**

Amen. It's a small word that carries a heavy load. I confess, it is often no more than a word that signals the end of my prayer - Like a proper sentence needs a period, a proper prayer isn't done until you say amen. In truth, uttering amen is far more like a signature on the bottom of a contract than a punctuation mark at the end of a sentence. Amen signifies at least three important truths: Agreement, Acceptance and Acknowledgment.

First, amen is a Hebrew word that means “firm and reliable.” By concluding the Lord's prayer with amen, we are saying, “Yes, we wholeheartedly agree that what you have taught us to pray is valid. Your name should be hallowed, your kingdom should come and your will ought to be done!

Secondly, when uttering amen, we are not only affirming the reliability of what has been prayed but are accepting our responsibility to submit to it. Amen commits us to a life lived one day at a time, trusting God for daily bread. We are accepting our responsibility as one forgiven to forgive others. Like a bride and groom's “I Do”, our amen says, “I gladly accept my part in bringing about the future I prayed for – one in which your will is done on earth as it is in heaven. Count me in and may it start with me!”

Third, our amen is an acknowledgment of our inability to keep any of what we have just committed to in our own strength. Like Abraham who experienced dreadful darkness when he considered entering into covenant with God (Genesis 15:12), our amen should have a similar effect as we consider our inability to be faithful to do what we have prayed. However, don't stop there! The darkness is meant to turn us to the Light, to the one who is faithful even when we are faithless (2 Tim. 2:13). “All the promises of God are ‘Yes’ in Christ. And so through Him, our “Amen is spoken to the glory of God” (2 Cor. 1:20). Yes, even our amen points us to Jesus.

Grateful,  
Pastor Ben