

**Wisdom Not Worry**  
**Friday, April 24, 2020**  
**Psalm 91:5**

**You will not fear the terror of night,  
nor the arrow that flies by day,  
nor the pestilence that stalks in the darkness,  
nor the plague that destroys at midday.**

I sleep with my phone next to my bed with the ringer volume on high. I have ever since I slept through the midnight call of a dear brother of our congregation. His wife died unexpectedly. He wanted his pastor. In my deep sleep I didn't hear his call and couldn't help when he needed it.

The Lord is always there when you need him. He is the God who never slumbers nor sleeps (Psalm 121). The eyes of the Lord Almighty are everywhere, keeping watch over good and evil (Proverbs 15:3) Nothing in all creation is hidden from God's sight (Hebrews 4:13). The eyes of the LORD, Adonai, range through the earth to strengthen those whose hearts are fully committed to him (2 Chronicles 16:9). Don't be afraid. No matter when - night or day, darkness or midday - God is always available. Don't be afraid. No matter what - terror, arrows, pestilence or plague - God is always able.

A friend once gave good advice to my fearful heart. "Before I go to bed," he said, "I always say, 'Lord, I'm going to sleep now. There's no sense in the both of us being awake.'"

Meaning no disrespect, may I say, the Almighty always has His phone and His volume's always on high.

Grateful,  
Ben